A rock is dropped from the top of a tall building. If t is the time in seconds since it was dropped, the distance it has fallen is

$$s(t) = 16t^2 \text{ ft.}$$

We will determine the instantaneous rate of change when t=2 sec.

What is the average rate of change (that is the average speed) between t = 2 and t = 2.1 seconds?

$$\frac{\Delta S}{\Delta t} = \frac{S(2.1) - S(2)}{2.1 - 2} = \frac{\Delta s}{\Delta t} = \frac{65.6}{2}$$

What is the average speed between t = 2 and t = 2.01 seconds?

$$\frac{\Delta s}{\Delta t} = \frac{S(2.01) - S(2)}{2.1 - 2} = \frac{\Delta s}{\Delta t} = \frac{64.16}{2}$$

$$= (16(2.01)^2 - 16(2)^2)/.01$$

(3) Find and simplify the formula for the average speed between t=2 and t=2+h.

$$\frac{\Delta S}{\Delta t} = \frac{S(2+h)-S(2)}{h}$$

$$= \frac{16(2+h)^2 - 16(2)^2}{h}$$

$$= \frac{16(4+4h+h^2) - 16(4)}{h}$$

$$= \frac{64+64h+16h^2-64}{h}$$

$$= \frac{16(6+16h)}{h} = 64+164$$

(4) What is the instantaneous speed when t = 2? (You find this by letting h = 0 in your answer to the last question.)

$$\pm 4 \text{ h.} = 0 \text{ in (3)} + \text{hn}$$
we set $= s'(2) = 64$